

# HOLISTIC YOGA



DAYS	10 AM CLASS	6 PM CLASS
MONDAY	NO CLASS	YOGA W/LINDA
TUESDAY	NO CLASS	YOGA W/ARUNA & DEBORAH
WEDNESDAY	YOGA W/DEBORAH	NO CLASS
THURSDAY	NO CLASS	YOGA W/TERRY
FRIDAY	NO CLASS	YOGA W/ARUNA
SATURDAY	YOGA W/ARUNA	NO CLASS
SUNDAY	MEDITATION	NO CLASS

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